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TAMPER TANTRUMS: BEHAVIOURAL PROBLEM AMONG CHILDREN

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ABSTRACT

The purpose of the review paper is to identify behavioral issues among the children. This will be beneficial for the parents to focus on the children's behaviour quality. The objective was to study behavioral problems among working and nonworking mothers and to identify the most common behavioral problem present among working and non working mothers' children. A study reported that temper tantrums are the most common behavioral issue among children of both working and non-working mothers are screams, shouts, and tears. The conclusion of this study highlighted the need of being aware of children's behavioral issue. In order to discover behavioral problem in children, screening is required. Behavioral issues usually required extra attention.

INTRODUCTION

Aim of the study:

The aim of this research study is to identify behavioral issues among the children. The implication of the study will give the idea regarding variety of behavioral problems existing among children of working and nonworking mothers. This will be beneficial to focus on their behavioral qualities.

What is known about the topic:

Independence is important for the preschooler and schooler, because they want to do things by their own. However, the child need support for building confidence, self-esteem. Positive attention and opportunity to practice new abilities that all

are beneficial for the children. The goal of this review is to exhibit solutions to the parents regarding behavioral issues among children.

Background of the study:

Mother is the most important figure in each household. She is the only one who makes daily decision, guides the children as the children grow up, and empower them to face the clash of lifestyle with courage and empathy. It is mothers' responsibility to ensure that each of her child is properly fed and cared. Mother must teach children how to live their lives in a planned manner. This is especially true in early years before they start schooling. It is mothers' responsibility to show their children love and appreciation. The mother and child interaction will result in a loving relationship; yet, if the atmosphere is not proper, the child is more likely to engage in undesirable behavior [1]. Factors affecting behavioral problems are biological factors (genetic problems, brain damage, temperament, physical illness), socio demographic factors (socioeconomically disadvantaged status, the mothers' young age, parents with low educational level), family factors (type of family, family interaction, outer factors that directly-indirectly influence family), school related factors (providing facilities to student on the basis of IQ, academic achievements and physical stamina), other problems (influencing factors during pregnancy,

injury or any type of brain trauma, exposure to any hazardous substance/ material) [2].

According to UNICEF, up to 20% of teenager worldwide suffer from mental disorders, with over 15% of adolescent in low-and middle-income countries attempting suicide. Suicide is the third most common cause of death among the aged 15 to 29 years [3].

According to National Health Morbidity Survey (NHMS) survey (2015-16), one out of every twenty Indian is depressed [4].

According to several research studies, the prevalence of mental disorders in youngsters ranges from 14 to 20%. As per WHO world health report (2000), 20% of children and adolescents globally suffer from mental illnesses that is incapacitating [5].

In India, over 40 percent of the community's population is made up of children under the age of sixteen. Previous research studies reported that emotional and behavioral issues affect 2.6% to 35.6% of children and adolescents [6].

Search strategies:

A search of literature was performed in electronic data such as: PubMed, Google Scholar, CINHALL PLUS, Elsevier, Research gate from 2014-2021. Final search was conducted using the terms "behavioral problems" OR "tamper tantrums" AND

“working mothers” OR “non-working mothers” OR “children” OR “employed” OR “unemployed” OR “parents”.

Inclusion criteria

- Studies published between 2014 to 2021
- Studies carried out on behavioral problems within children aged 2.5-12 years.

- Research studies must have a descriptive research designs, cross sectional study, comparative study.

Exclusion criteria:

- Research studies conducted on behavioral problems among adolescents, middle adulthood and old age people were excluded.

REVIEW OF LITERATURE:

Sr. No.	Author's name and year	Title of study	Study design	Method of Data s Collection	Study setting and Sample size	Major findings
1.	Sandeep A, Shikha., S yadav, Shivani Sneh 2018 [7]	Behavioral issues among preschoolers with working and nonworking mothers.	A quantitative non experimental approach-comparative study	Interview method-purposive sampling technique	UPUMS Saifai Etawah And total 60 sample were 30 working mother and 30 non-working mother	Working mother's preschool children had more behavioral issue than nonworking mother's children.
2.	More R,Khase M, Jewel J et al.[8]	Assess the problem among the preschooler of working and non working mother.	A quantitative descriptive research approach	Non probability purposive sampling technique	Playgroups in pune and total 100 sample were 50 working and 50 non-working mother	Working mother's children have higher health problem than nonworking mother's children.
3.	Otbuveneswaran D 2011 [9]	Determine whether employed or jobless mothers' preschool children have behavioural issues.	Comparative descriptive reserch design	Lottery Method-Purposive sampling technique	Balwadies in Community and total 100 preschool children were 50 employed and 50 unemployed mothers	The study found that children with employed mothers in preschool had more behavioral difficulties compared to those with unemployed mothers.
4.	Alexander MA, P Shetty DA 2014 [10]	Behavioral problems of preschool children among working and non-working mothers	Non experimental comparative survey design	Rating scale-Non probability purposive sampling technique	Smart kids play group, Mangalore, 30 working and 30 nonworking mothers	Working mother's preschool children had more behavioral issues than nonworking mother's preschool children.
5.	Pooja devi, Vandna,dr. maheshwar s. 2019 [11]	Behavioral problems of preschool children among working versus nonworking mothers.	A non experimental cross sectional approach	Purposive sampling technique	Guru gobind singh medical hospital, faridakot And total 300 children were 150 working and 150 nonworking mothers' children	The prevalence of behavioral problems in children were influenced by the education and family income of working mothers'. The majority of working mother in this study had high level of education and solid family income, and their children's behavioral problems were less common than those of non working mother's children
6.	Shivprasad kamat, Laxmi kamat 2021 [12]	Assess the knowledge regarding management of temper tantrums among mother of toddler	Descriptive research approach	Questionnaire -Randomized sampling technique	Dr. Prabhakar kore charitable hospital and 50 mothers.	Thirty five (70 percent) of the mothers' had insufficient understanding about how to handle temper tantrums. Fifteen (30 percent) of mothers' had basic understanding regarding how to handle temper tantrums

7.	Nair G 2018 [13]	Assess the level of behavioral problems among kids between a particular age of 2.5-5 years of employed and unemployed mothers'	Descriptive Design-Non Experimental research approach	Child behavior Checklist-Non-probability convenience sampling technique	Kidzee preschool-Nagpur and 60 mothers	Maximum children of employed mother had moderate behavioral issues 24(80%), while unemployed mother's children have mild behavioral issue 22 (73.33%).
8.	Bani Salameh AK, Malak MZ, Amer RM, Omari OSH, Hneiti M, Abu Sharour LM. 2021 [14]	In Jordan, a study was conducted to assess the behaviour of preschool children who had temper tantrums.	A cross-sectional design	45-item tantrum questionnaire-A non-probability convenience sample	Jordan and 213 participant	The findings highlighted important element of temper tantrums, such as their endurance, with children managing to keep tantrums going for more than seven minute.
9.	Barman N, Saikia Khanikor M 2018 [15]	Prevalence of behavioral problems among school children.	Descriptive survey study	Simple random sampling-Strength and difficulty questionnaire	Government primary schools of Baksa District, Assam and 50 no of students	18% of students had abnormal behavior issues, whereas 12% had borderline behavioral issues. The highest percentage of pupils (26%) had disciplinary issues.
10.	Agrawal s,Alex J 2018 [16]	Parenting Style of Working and Non - Working Mothers and Their Childs' Temperament on Behavioural Problems.	Descriptive research design	Parenting style questionnaire, The Early Adolescent Temperament Questionnaire	Karnataka and 400-school going Children	The working status of mothers has merits and demerits, according to research finding; studies have shown that when mothers carried out full time job during her child's preschool year, the child's academic and extra curricular performance suffer,and several research finding have stated that children of working mothers experience psychological distress compare to children of non-working mothers.
11.	Soumya chaturvedi Neha shrivastav,Amit agrawal,Jyotsna shrivastava 2019 [17]	Prevalence of children at risk of developing behavioural disorders among preschool children aged 3 to 6 years	A cross-sectional observational study	Preschool Pediatric Symptom Checklist-random sampling technique	preschools of Bhopal 370 children	The primary factors contributing to an increase in the probability of children experiencing behavioural issues were determined to be less time spent with the kid by the father and lower family income.
12.	Pabitra shrestha Parita shrestha 2020 [18]	Behavioral issues among schooler age children with working and nonworking mothers.	A comparative descriptive study	Rutter's Children Behavioral Questionnaire-Purposive sampling technique	Devchuli,nawal pur,Nellore district and 104 school age children	This study found that the children of employed and unemployed mothers had normal behavior and less than half of Children of mothers who work and those who do not work had moderate behavior problems
13.	Joseph N, Sinha U, D'souza M 2021 [19]	Examining of determinant among primary school children with behavioral issues	Cross sectional study	Rutter Children Behavior Questionnaire-simple random sampling method	private and government schools Mangalore and 750 students	Multivariate analysis revealed that children whose biological parents were not currently married, those who were regularly subjected to physical harm as a disciplinary action, those with a history of an inadequate diet by the mothers during the prenatal period, and those from nuclear families reported behavioural issues.
14.	Swaroopaa rani B, Anuradh 2015 [20]	examination of Preschool Children's Behavior Problems in Relation to Child and Family Variables	Descriptive study	Behaviour problem checklist	Tirupati town Total 100 preschool Children were 50 boys and 50 girls	As per findings the intensity of behavioral problems were higher in girls than in boys. When compare to mothers of higher age group, mothers of lower age (20-25) years rated greater behavioral difficulties for their children.

DISCUSSION:

The goal of this research study was to identify behavioral problems among children with both working and non-working mothers. The first research objective was to study behavioral problems among working and nonworking mothers'. Behavioral problems present among working mother's children were disrespect, aggressive behavior, habit of nail bite, anger, bed wetting, refusing food, excessive crying, school phobia, anxious, hyperactivity, lack of concentration, lack of motivation, impaired memory, difficulties in learning, skin rashes, temper tantrum, crying, kicking, hitting, shouting, holding their breath, moving limbs, field finger and leg, whine. Behavioral problems among non working mothers' children were less compared to children of working mothers. The second research objective was to identify the most common behavioral problem present among working and non working mothers' children. As per finding the intensity of behavior problems were higher in girls than in boys [20]. In Jordan, a study was conducted to assess the behavior of preschool children who had temper tantrums. The study reported that temper tantrums are the most prevalent behavioral issue among children of both working and non-working mothers. The most commonly reported temper tantrums are screams, shouts, and tears. This was due to the child's desire for attention

[14]. In a study evaluating the causes of behavioural problems in elementary school pupils in Mangalore, South India, the researcher revealed that children whose biological parents were not currently married, those who were regularly subjected to physical harm as a disciplinary action, those with a history of an inadequate diet by the mothers during the prenatal period, and those from nuclear families reported behavioural issues and to prevent behavioral difficulties in children, proper disciplinary approaches must be recommended. To prevent the behavioral problems in the children, proper nutrition, care and disciplinary approaches must be recommended during the early development years [19].

CONCLUSION:

The findings of this study highlighted the need of being aware of children's behavioral issues. In order to discover behavioral problems in children, screening is required. Behavioral issues usually required extra attention.

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