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MEDICAL ASTROLOGICAL ASPECT OF HRIDROGA W.S.R TO CONGENITAL HEART DISEASE –A CASE STUDY

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ABSTRACT

Marmas are the vital points in our body, three *marmas* are specially identified as high risk centers where an injury either external or internal, may end in death. Hence they are called *Sadyah pranahara marma* (immediate death when affected). *Hridaya* is one such centre. Any peeda or bada to *Hridaya* is called as *Hridroga*. In contemporary science it can be probably consider as cardiovascular diseases. One among cardiovascular disease is congenital heart disease which occurs in live birth. Many times the cause of which are unknown. In Ayurveda when a cause of disease are not known then it's considered as *daiva* or *purvajanma krita papa karma* (deeds of past life) which can be understood by position of *Rashi* (Sign), *Grahas* (constellations) at the time of birth through astrology. Therefore in present article as Medical astrological aspect congenital heart disease is assessed by considering position of *Grahas* (constellations) *Rashi* (sign) and *Nakshatra* (stars).

Keywords: *Marma, Hridroga, Congenital heart disease, Astrology, Graha (constellation), Nakshatra (stars)*

INTRODUCTION

In border sense all the disease causing problem to *hridaya* is called *Hridroga* which can be considered as cardiovascular diseases in contemporary science. Cardiovascular diseases (CVD) accounted for around 1/4th of all deaths in India in 2008. Cardiovascular diseases are expected to be the fastest growing chronic illnesses between 2005 and 2015, growing at 9.2% annually. (1)

Industrialization, urbanization and change in dietary habits are becoming the increased risk factors of cardiovascular diseases. Congenital heart defect is one among the cardiovascular diseases and it is defined as “Anatomical malformation of the heart or great vessels which occurs during intrauterine development, irrespective of the age at presentation”. The estimated number of children born with congenital heart disease in India is more than 2, 00,000 per year of these about 1/5th are likely to have serious defect. (2) Many times the causes of which are not known, according to Ayurveda when the causes are not known this can be understood by the *Purvajanma krita paapa karma* (deeds done in past life) (3) through astrology by knowing the position *Grahas* (constellations) *Rashi* (sign) and *Nakshatra* (stars) at the time of birth. Hence medical

astrology may become a very supportive approach in day to day practice

Medical astrology is concerned with the diagnosis of diseases, the methods of healing, the time of the onset of the ailment, the duration of the disease and the psychiatric aspects that may influence the progress and prognosis of the diseases.

MATERIALS AND METHODS

All materials are collected from literature, various medical astrological books, Internet and other online resources. A diagnosed case of Congenital Heart defect is selected for study. Date, time and place of birth is noted and entered in Kundali software and assessed for positions of *Grahas* (constellations) *Rashi* (sign) and *Nakshatra* (stars)

Case report

A female baby born with congenital heart defect on 27/4/1984 at 5.30pm at Mysuru Karnataka. Mithuna rasi (Gemini), Punarvasu nakshatra and Dhanusha lagna. The kundali of the baby is as below

		Ra	Mo
			Ve Su
			Me
Ne Ju	La	Ur Ke	Sa Ma

(A) Lagna kundali

Ra		Ne Ma	Me Mo
Sa			Ju
Ve			
La	PL Ur	Su	Ke

(B) Navamsha Kundali

Sun (Surya) is a significator of heart is in 8th house in conjunction with lord of 6th house Venus (Shukra) In Navamsa kundali Sun is week because he is debilitated. Jupiter is in retrograde therefore lagna is also weak Child was born in main period of Jupiter, sub period of Venus and sub sub period of Mars. As Jupiter has an aspect of Saturn. Venus the lord of 6th house is in 8th house in conjunction with harmful Sun. Mars is in conjunction with Saturn. Venus has the aspect of Saturn (10th aspect). Jupiter being

in its own house in lagna still remains weak of its retrograde.

Punarvasunakshatra represents various parts of the body including chest .Therefore by analyzing the kundali it’s understood that the heart was very weak and gave rise to defect in Heart.

DISCUSSION

The Lagna Kundali represents the body while the Navamsha Kundali represents the soul. According to Parashara Samhita, a person receives auspicious results if Navamsha kundali is formed due to a proper

synchronization between the Janma Kundali and the Navamsha Kundali.

If the planets in a Navamsha Kundali are exalted or placed well, a person is healthy with respect to both his body and soul. In such a situation, the person receives auspicious results. If a planet is debilitated in Janma Kundali but exalted in Navamsha Kundali, it still gives good results. This is an evidence to the importance of the Navamsha Kundali.(4)

Heart disease astrologically is assessed by

a) Sun-It is considered as significator of Heart if this sun is in conjunction with malefic planet or in conjunction with 6th, 8th and 12th house than it leads to heart related problems.(5)

b) 4th house-It is represented by heart .There would be heart disease or the or the native would have understood open heart surgery if 4th house get connected with malefic planets especially with Mars, Rahu or Kethu who are significators of wounds.(6)

c) 5th House –If 5th lord is in conjunction or aspected by malefic planets or if 5th lord in 6th, 8th and 12th houses.(7)

d) Leo sign –Leo is usually considered as Kaalapursha (entity of time) hence Leo is considered as heart of that person so when Leo is in conjunction with malefic planet then it will lead to heart problem.(8)

Few planetary combination indicating heart disease (9)

S. No.	Combinations
1	Sun Mars and Jupiter in 8 th house
2	Saturn in 4 th house
3	Malefic planet in 8 th house
4	Sun in Aquaries
5	Sun in Scorpio in conjunction with malefics
6	4 th lord in 8 th house
7	Sun in Leo

CONCLUSION

Medical astrology is relevant when applied scientifically and assessed the position of Grahas (constellations) Rashi (sign) and Nakshatra (stars) at the time of birth. Medical Astrology is such a wonderful science which, when practiced properly gives good health, reduces medical bill, increases longevity and minimizes mortality. Every physician along

with medical knowledge if he has basic knowledge of Astrology then it can help in better way to serve society in preventive as well as diagnosis and treatment aspect.

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