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**QUORUM SENSING IN BACTERIAL VIRULENCE AND POSSIBILITIES FOR ITS  
CONTROL: A REVIEW**

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**ABSTRACT**

Quorum sensing is a cell-cell communication process that allows bacteria to detect and respond to cell population density. Upon reaching a critical concentration, quorum sensing enables bacteria population to communicate and coordinate collective behaviour. This coordination mechanism allows bacteria to regulate gene expression accordingly through the use of signal molecules. Pathogenic bacteria use quorum sensing in the expression of virulence factors in disease and infection processes. Once a population reaches a threshold, relatively harmless bacteria overpower host defence mechanism activating genes regulating biofilm formation and virulence. Although it is very common among bacteria; molecular mechanisms, signal structures, gene regulons, and behavioural responses associated with quorum-sensing systems may greatly differ. Moreover, the way different types of bacteria apply quorum sensing varies widely. In this article we review the quorum-sensing circuits of *Staphylococcus aureus*, *Pseudomonas aeruginosa* to illustrate uniqueness of controlling virulence factors in each trait. Quorum sensing has been considered an attractive arena for the development of new antimicrobial therapeutics. Here we also discuss some of the recent techniques to encounter bacterial virulence based on quorum sensing inhibition mechanism.

**Keywords: Quorum sensing, gene expression, virulence factors, *S.aureus*, *P. aeruginosa*, inhibition mechanism**

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## INTRODUCTION

Bacteria are prokaryotes, single-celled organisms that thrive in diverse environments. For a long time they were believed to exist as individual cells that only consumed nutrients and multiply. The idea changed after the discovery of intercellular communication, like multicellular organisms, among bacteria. The bacteria when behave collectively as a group has certain advantages, for example, the ability to migrate to a more suitable environment for better nutrient supply and to adopt new model of growth, such as sporulation or biofilm formation which protect them from deleterious environments [1]. They communicate with each other through a code language which is based on self generated signal molecules called auto inducers (AIs). According to population density, bacteria can regulate their co-ordial behaviour using AI .This cell-cell communication system known as quorum sensing (QS) which can vary widely across different types of bacteria. In many organisms, QS regulates virulence function and is important for pathogenesis [2]. Numerous studies have been done to understand that how quorum sensing coordinates intra and inter species interactions. In this review, we discuss recent advancements in this field. The knowledge gathered from these studies has the potential to guide investigations of

microbial sociality in natural settings and the design of new drugs and novel therapeutics.

### Mechanism of quorum sensing

Bacterial cell-cell communication process known as quorum sensing that includes the production, detection and response to extra cellular small diffusible molecules. These molecules act as a signalling molecules and termed as autoinducers (AIs). Bacterium produces autoinducers at minimal levels continually and their concentration increases gradually with growth. AIs accumulate in environment as bacterial population density increases and reaches to critical concentration level which can be monitored and detected by bacteria. These signal molecules can diffuse through membranes and at critical concentration can bind to an active receptor inside bacterial cells. Bacteria then collectively alter gene expression to activate behaviours that are beneficial for their survival [3-8].

Many classes of AIs have been discovered so far. QS signalling molecules can be divide into three major groups: N-acylhomoserine lactones (AHLs) are generated by Gram-negative bacteria, oligopeptides are used by Gram-negative bacteria and third interesting type autoinducer-2 (AI-2), a ribose derivative [4,5-dihydroxy-2,3-pentanedione (DPD)],

is used by both Gram-negative and Gram-positive bacteria (**Figure 1**) [9, 10].

QS signalling plays a major role in bacterial virulence and thus QS systems might be a new target for controlling microbial virulence [11-14].

### QS in Gram-negative and Gram-positive bacteria

All known QS systems follow three basic principles though their molecular mechanism may differ. At first AIs are produced by community members. At low cell density (LCD), AIs diffuse away and are not detected as concentration falls below the threshold level. At high cell density (HCD) cumulative production leads the AIs concentration above threshold required for detection and response [15]. In second step, receptors that present in cytoplasm or in the membrane detect AIs. Final and third step activates gene expression and in addition to that results in more AI production. This positive feedback autoinduction loop establishes synchrony in the population [16, 17].

Gram-positive bacteria communicate using autoinducing peptides (AIPs) as signalling molecules. After production inside the cell AIPs are processed and secreted. At high cell density AIPs bind to a cognate membrane-bound two-component histidine kinase receptor. This activates receptor and through autophosphorylation passes phosphate to a cognate cytoplasmic

response regulator. The phosphorylated response regulator in turn activates transcription of the genes in the QS regulon (**Figure 2A**) [18-20]. In some Gram-positive bacteria AIPs are carried back into the cell cytoplasm where they bind with transcription factors and modulate gene expression changes (**Figure 2B**) [18, 21].

Gram-negative bacteria utilise acylhomoserine lactones (AHLs) as signalling molecules. There are other type of small molecules do exist. Production of them depends on S-adenosylmethionine as a substrate. As AIs are produced they diffuse through cell membranes. Concentration of AIs reaches to threshold level when cell density is high. AIs bind cytoplasmic receptors and activate transcription factors. AI-bound receptors modulate expression of the genes in the QS regulon (**Figure 2C**) [7]. In some Gram-negative bacteria AIs are detected by two-component histidine kinase receptors and the function is same as described earlier for Gram-positive bacteria [18, 19].

Here, we review the quorum sensing mechanisms employed to regulate the collective production of virulence factors in case of two human pathogens- one for Gram-positive and one for Gram-negative. We also discuss the available strategies to restrain bacterial virulence using quorum sensing inhibitors.

### Quorum sensing in *Staphylococcus aureus* virulence

*Staphylococcus aureus*, a Gram-positive bacteria, follows principles common to all QS circuits, production, detection and response to AIs. This organism uses oligopeptide as AIP and is detected by membrane bound two component signal transduction system (Figure 3) [22].

Two component QS system is encoded by accessory gene regulator (*agr*) locus [19]. Oligopeptide (AIP) encoded by *agrD* is trimmed and secreted by a membrane-bound protein AgrB [23-25]. Active AIP is 7-9 aa, consists of 5-membered thiolactone ring [26]. Extracellular AIPs bind to a membrane-bound sensor kinase AgrC which gets autophosphorylated and leads to activation of AgrA [23, 27, 28]. The *agr* system regulates virulence and activates two promoters P2 and P3. These two promoters produce RNAII and RNAIII respectively [16, 26]. Phosphorylated AgrA promotes transcription at the promoters P2 and P3 with higher susceptibility towards P2 [27, 30]. Promoter P3 transcripts RNAIII, the most effective molecule of *agr* system [26]. RNAIII, 514 nt, functions as a mRNA for  $\delta$ -toxin [16, 31-33]. 5' end of this regulatory RNA regulates  $\alpha$ -haemolysin 3'end represses protein A synthesis [29, 33]. RNAIII decreases the expressions of cell surface virulence factors, and increases the transcription of

several virulence factor including TSS toxin-1, hemolysins, proteases [19,26].

The *agr* system regulates 23 genes encoded virulence factors which are of two types [30]. The first type responsible for attachments and immune invasion while second type involve in production of exoproteins and toxins [34, 35]. Activated *agr* system leads a bacterium from merely adhesive to an invasive pathogen [26].

Four different types of *agr* polymorphism, named as I-IV, have been discovered [Table1] [30, 36]. Each type has a distinct AIP which able to activate corresponding receptor of same group [36]. However type I and IV capable of cross activate and type II and III capable of cross inhibit themselves [30, 37, 38]. This correlation between *agr* groups makes *S. aureus* more fatal but may leads to cross group inhibition therapies [30, 39].

Several infections involving staphylococcal are not caused by free living individual but rather by community of interacting cells named biofilms. It may attach to a biotic or abiotic surface. It is a self producing matrix and has altered growth and gene expression profile compared to free living bacteria [40]. Biofilm production is a multi-step process. It begins with adhesion of bacteria to a surface after that attachment divide and form macrocolonies. The macrocolonies with various topographies develop into mature biofilms later. The final step of the

process is detachment of biofilm and significant for spreading of an infection [41]. There are two independent mechanism that *S.aureus* uses in biofilm formation, one involves extracellular polysaccharide, polysaccharide intercellular adhesion (PIA) and the another one is PIA-independent adhesive protein, *sarA* and *agr* global regulators [19, 42]. The *agr* plays vital role in biofilm formation. An *agr* mutant *S.aureus* has increased adherence and has detachment defect [33, 43, 44]. They produce robust static biofilm [19]. On contrary *agr* active counterpart has capability to regulate biofilm formation by reducing adherence and increasing production of  $\delta$ -haemolysin and proteases both [19]. The *agr* plays different roles during infection. In some diseases specific *agr* groups are involved whereas other diseases may involve all four *agr* groups [30].

RNAIII is the most effective molecule of *agr* system and has significant role in bacterial virulence. Therefore mechanism to inhibit RNAIII is challenging and several studies has been made on this topic. It is found that an RNAIII-inhibiting peptide (RIP) is able to inhibit *S.aureus* biofilm formation and toxin production [45]. RIP can prevent adherence and *S. aureus* virulence and has minimal adverse effect [45, 46].

*S. aureus* is present in the normal human skin and found in 30% adult population. It can cause skin infections which may leads to pneumonia, bacteraemia, and sepsis [47, 48]. It is a very dangerous opportunistic bacteriam and has greater antibiotic resistance which imposes serious risk for Staphylococcus infection [30, 46]. Balaban and his associates had treated several cases with RIP and showed that it can prevent *S. aureus* growth in a urethral stent model. They also found that even after 2 days infection RIP was capable of suppressing bacterial growth. This antibody acts as a quorum sensing quencher [46].

#### Quorum sensing in *Pseudomonas aeruginosa* virulence

*P.aeruginosa* is a Gram-negative bacterium and uses quorum sensing mechanism to express bacterial virulence. In this case three QS circuits are interlinked (Figure 4) [49]. Two of them are LuxI/LuxR type and third one is non-LuxI/LuxR-type known as *Pseudomonas* quinolone signal (PQS). *las* and *rhl*, homolog of LuxR, depend on production of AHLs as signalling molecules. In *las* system *lasI* gene encodes the enzyme that produces N-3-oxododecanoyl-homoserine lactone (3OC12-HSL) (Table 2) [3]. 3OC12-HSL when cell density reaches to threshold value binds and activate LasR which in turn binds to target promoters to regulate gene expression [49]. In similar fashion *rhlI*

gene of *rhl* system encodes enzyme to produce N-butyryl-homoserine lactone (C4-HSL). 3OC12-HSL binds with C4-HSL and activate transcriptional regulator, RhlR, to control the activity of target promoters [49]. At transcriptional or post transcriptional level *las* system dominates over *rhl* system [50]. In addition with LasR and RhlR an orphan receptor protein, QscR, which can detect 3OC12-HSL to control its self regulon [8, 51, 52].

In *P. aeruginosa* quorum sensing regulates the expression of many virulence factors responsible for development of disease, involves in biofilm formation and controls the production of secreted factors like proteases as well as cell-associated factors like lipopolysaccharide & flagella [8, 52-57]. The two quorum sensing systems *las* and *rhl* regulate the production of various virulence factors such as elastase, alkaline proteases, exotoxin A, rhamnolipids, pyocyanin, lectins, and superoxidase dismutase [58, 59]. These two QS systems also regulate the expression of antibiotic efflux pumps and make *P. aeruginosa* highly antibiotic resistant pathogen [60].

In case of biofilm formation both *lasI* and *rhlI* play active role. Activity of *lasI* gene gets maximum at the day 4 and decreases between days 6 and 8 of biofilm development. Expression of *rhlI* fluctuates during biofilm formation [61-64]. *lasI* mutant traits do not produce normal biofilm

whereas *rhlI* mutants are phenotypically different [61]. Moreover it is found that *P. aeruginosa rhlI* and *lasI* mutant strains result in less tissue destruction and decreases mortality rate in comparison with wild-type strains. This establish the importance of quorum sensing in *P.aeruginosa* pathogenesis [59].

In addition to regulate expression of virulence factors some of the AIs affect immune responses to infection [65]. 3OC12-HSL inhibits lymphocyte proliferation, down-regulates TNF- $\alpha$  & IL-12 and activates T-cells to produce gamma-interferon [49, 59, 65-67]. This AI affect NF $\kappa$ B immune response regulator also [68]. The other QS regulators bind to LuxR are TraR, SdiR, and CviR [69-72]. According to the structures binding of these ligand to the receptor stabilizes folding of the hydrophobic core of the protein. Properly folded LasR and non-LuxR- type can dimerize, bind DNA and activate transcription [73-75].

*Pseudomonas* quinolone signal (PQS), the third type QS circuit, secretes 2-heptyl-3hydroxyl-4-quinolone (HHQ) as AI to control virulence factor gene expression [76-78]. The AI belongs to 2-alkyl-4-quinolone (AQ) family produced by PqsA, PqsB, PqsC, PqsD and PqsH and is identified by the regulator PqsR. LasR activates expression of *pqsH* and *pqsR* whereas RhlR-C4HSL represses *pqsABCD*

and *pqsR* [79, 80]. PqsR controls *pqs* operon itself and results in a positive feedback loop [77, 79, 81, 82]. Hence PQS circuit involves to the *lasI/LasR* and *RhlI/RhlR* QS systems and influences virulence factor production [79, 83, 84].

Transcriptome analysis found that 90 genes are regulated by *pqs* system [82, 85]. Moreover *pqs* controls biofilm formation and regulates several virulence factors including elastase, pyocyanin and LecAlectin. LecAlectin is essential for virulence in multiple hosts [82, 86, 87]. Apart from these PQS and HHQ down regulates the host immune response repressing immune response regulator NFkB [88]. In case of iron homeostasis PQS acts as an iron chelator and the process depends on activity of PqsR-PQS [85, 89]. These suggest that *pqs* system has significant role in *P. aeruginosa* pathogenesis.

QscR is an orphan LuxR homolog and have no partner LuxI homolog. It produces LasI,3OC12HSL when binds with AI [90, 91]. QscR forms dimmers with LasR and RhlR and make them inactive [92]. It may stop aberrant QS responses before quorum of cells has been reached.

The knowledge of *P. aeruginosa* QS circuits and inhibition technique may lead to discovery of novel antimicrobials

therapeutics. A lot of studies have been performed to discover molecules that has the ability to inhibit quorum sensing in this organism. Some of the natural quorum sensing inhibitors are cyclic sulphur compounds [93], halogenated furanones [94], patulin and penicillin acid [95]. Garlic extracts and 4-nitro-pyridine-N-oxide also have the potential to inhibit quorum sensing in *P.aeruginosa* [96]. These molecules can decrease virulence expression and reduce the growth of biofilm formation. It is found that molecules derived from the plant species *Combretum albiflorum* can also be used as quorum sensing inhibitor [97]. Moreover based on these natural inhibitor some new inhibitory molecules have been synthesized and successfully used as potential drugs [98-100].

It is found that targeting regulators that affect both the *LasI/LaR* and *RhlI/RhlR* quorum sensing is most effective. Agonists and antagonists of QscR are the example of this .They can delay expression of virulence factors and lessen the overall quorum sensing response [100-114]. Some synthesized AHLs that target QscR also inhibit *LasR* predicts that there is a possibility of a compound that can target the entire *P.aeruginosa* quorum sensing systems (Table 2, compound 10) [115].

Table 1: *S. Aureus* AIPs and inhibitors

	AIP	Truncations	Substitutions	Hybrids
AIP-I				
AIP-II				
AIP-III				
AIP-IV				

Inhibitors 11, 13, 15, 16, and 17 are discussed in [45]; inhibitor 12 is mentioned in [46]; and inhibitor 14 is described in [47]

Table 2: *P. aeruginosa* AIs and inhibitors

Receptor/target	Autoinducer	Antagonists
LasR		
RhlR		
PqsR		
QscR		

The three AIs (and their cognate receptors) are 3OC12HSL (LasR), C4HSL (RhlR), and PQS (PqsR). Inhibitors 1 and 2 [96]; inhibitor 3, a furanone [100-101]; inhibitor 4 is patulin [99]; inhibitors 5 and 6 [107]; inhibitor 7, a triphenyl derivative [108]; inhibitor 8 is C10-acyl-cyclopentylamine described in [109]; inhibitor 9 is solenopism [110]; and compound 10 is propanoyl homoserine lactone [112]

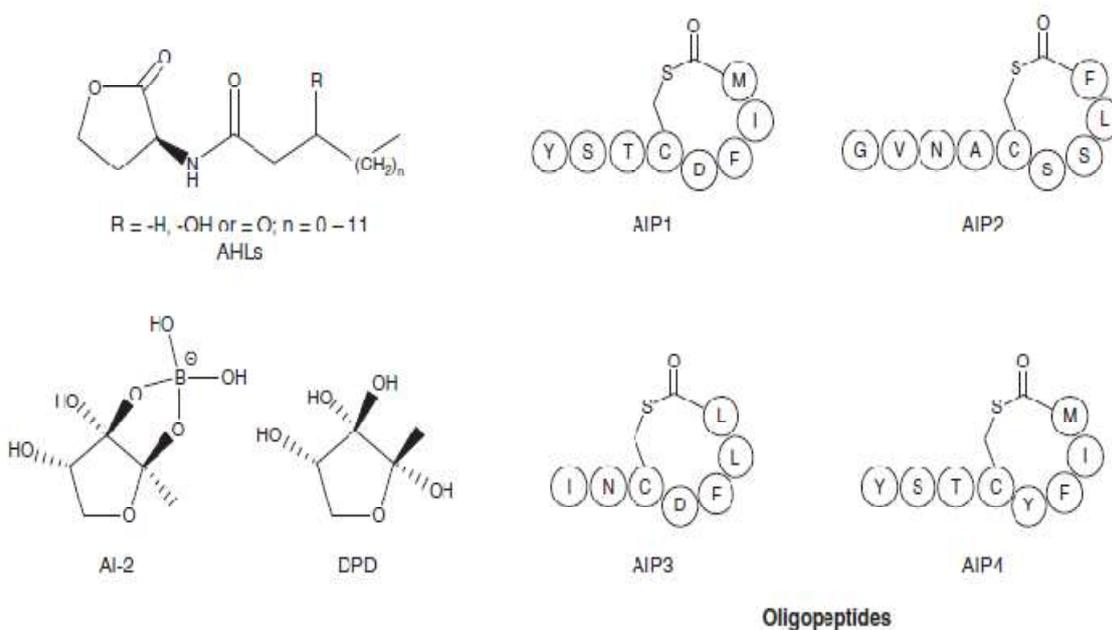


Figure 1: Examples of bacterial quorum sensing signalling molecules, representing the three major classes of autoinducers. AHLs: N-acyl homoserine lactones; AI-2: Autoinducer-2; AIP: Autoinducing peptide; DPD: 4, 5-dihydroxy-2, 3-pentanedione

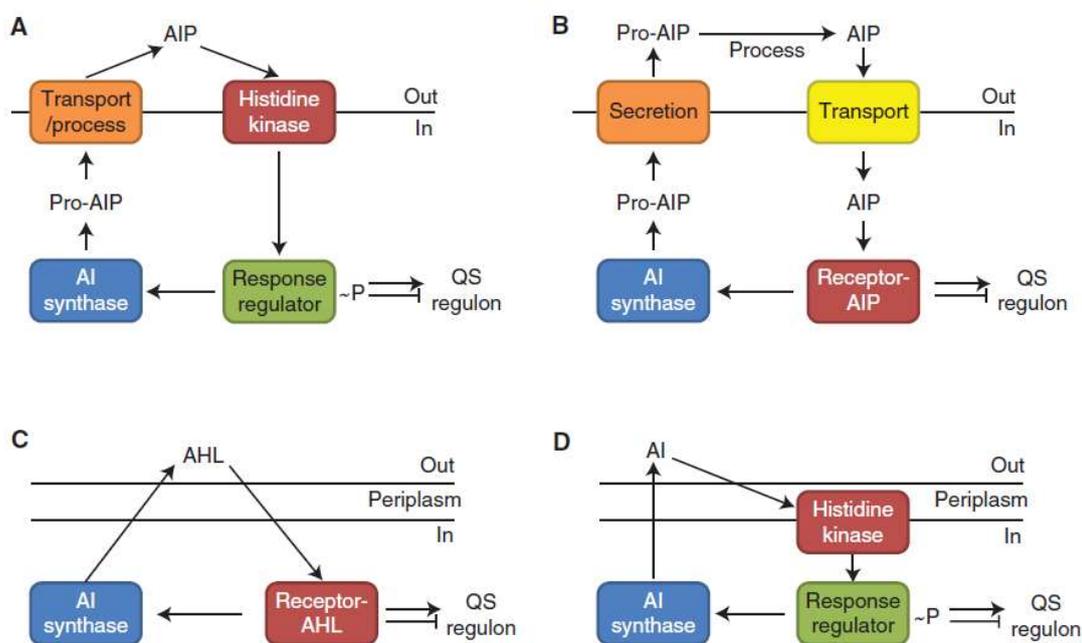


Figure 2: Canonical bacterial quorum-sensing (QS) circuits. Autoinducing peptide (AIP) QS in gram-positive bacteria by (A) two-component signalling, or (B) an AIP-binding transcription factor. Small molecule QS in Gram-negative bacteria by (C) a LuxI/LuxR-type system, or (D) two-component signalling

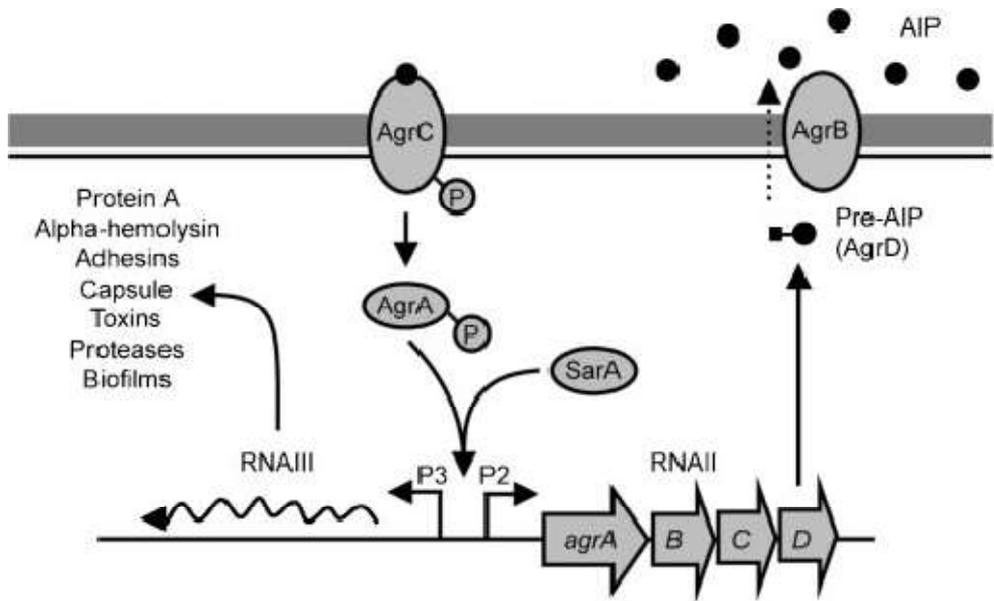


Figure 3: The accessory gene regulator (agr) quorum sensing system of *S. aureus*

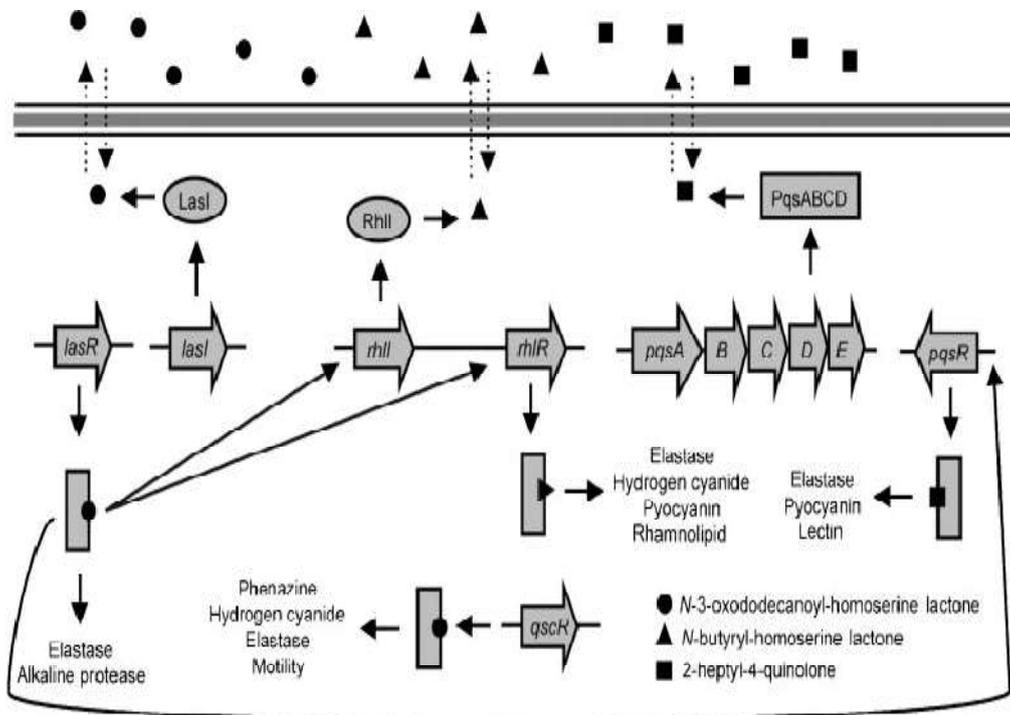


Figure 4: Quorum sensing control of gene expression in *P. aeruginosa*

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**CONCLUSION**

A lot of experiments have been performed on bacterial quorum sensing so far and profound knowledge has been gathered about the mechanism used by bacteria to coordinate and regulate the virulence expressions. Nevertheless, discovery of new molecule and their effects on microbial virulence are still going on. Traditional antimicrobial therapy to combat bacterial virulence may lead to increase the resistance power of pathogenic bacteria. Thus quorum sensing inhibition represents the promising area to design new antivirulence drugs. The examples discussed here showed that inhibition of virulence through quorum sensing inhibition is possible and would be more practical. Nowadays challenge is lying in making novel therapeutics using this knowledge and overwhelm the uncontrolled and unwise use of harmful antibiotics.

**Conflicts of interest**

Authors declare that there is no potential conflict of interest.

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