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## INCIDENCE OF BK VIRUS INFECTION IN RENAL TRANSPLANT

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### ABSTRACT

BK virus (BKV) is a polyomavirus that associated nephritis (BKVAN) and a significant risk factor for renal transplant dysfunction and allograft survival. The pathogenesis of BKVAN needs to be further investigated and the virus functions as still unclear; nevertheless there are a variety of hypotheses that indicate, host factors play important roles. Higher prevalence of BK virus infection in recent years has been correlated with acute rejection rates and the use of potent immunosuppressive agents. Although over immunosuppression remains the primary risk factor for BK infection after transplantation, male gender, older recipient age and ureteral stent placement implicated as risk factors. The diagnosis of BKV is laboratory based method for its effects in urine, blood, and renal tissue. Some laboratory assay has provided new insights into the immune response to BK and may help guide therapy in the future. In the past, approximately 30 to 60% of patients with BK virus nephritis developed graft failure but early detection and routine screening has been shown to be effective in preventing allograft loss. In the study, we screened 1240 patients and out of these 106 (8.54%) found positive for BKV. The rate of viruria and viremia were 69 (65%) and 37 (34.9%) out of

total BKV positive. Their mean of serum creatinine level were  $1.56 \pm 0.2$  mg/dl and  $2.39 \pm 0.3$  mg/dl in viruria and viremia, respectively.

**Keywords: BK virus (BKV), Immunosuppression, Nephritis, Kidney Transplantation, Allograft Survival**

## INTRODUCTION

BK virus was isolated from the urine of a renal transplant recipient with ureteric stenosis in 1971 [1], since then, there have been numerous research on BKV infection in renal transplant recipients [2-6]. BKV is a double-stranded circular DNA virus belongs to the polyomavirus family, which encodes three capsid structural proteins. Based on DNA sequence variations, six different genotypes have been identified of BKV. This virus enters in the body in childhood [7-8], but emergence has coincided with the use of new potent immunosuppressive medications [2, 9]. The incidence of BK virus and its pathogenesis has increased in recent years but factors that lead to it remain poorly understood. The ability of clinicians to recognize this infection and availability of better diagnostic tools may be contributing to higher prevalence of this disease in recent years [10].

BKV affects up to 8% of recipients, significant risk factor for renal transplant dysfunction and frequently results in allograft loss [11]. Hogan *et al.* [12] and Gardner *et al.* [13] found in their research that the seroprevalence for BKV was 80 to 88% pre-transplantation. The post-transplantation rates of BK virus infection were 18 to 44%. The first 3

months after transplantation BK virus infections found asymptomatic and infection associated with a rising creatinine with a tubulointerstitial nephritis that mimics rejection. Prevalence of BK virus within 1 year of post-transplantation is approximately 20% [12, 14] and is higher than the prevalence of acute rejection of 13% [15]. The decrease in immunosuppression that is needed to treat infection is opposite to the increases that are needed to treat rejection. So increased immunosuppression needs to be avoided to prevent possible complications. The use of potent immunosuppressive therapy to play a role in the occurrence of this infection [11, 16]. Donor and recipient characteristics may also play a role in the development of BKV.

## PATIENTS AND METHOD

### Data Collection

All related were collected as sex, date of birth, height, weight, blood group, etiology of end-stage renal disease (ESRD), the type and duration of pre-transplant renal replacement therapy, hepatitis B virus, hepatitis C virus (HCV), cytomegalovirus (CMV) status and the number of human leukocyte antigen (HLA) mismatches of all included patients the study. In

addition, type of the induction treatment; the immunosuppressive drugs and their doses used and some biochemical data also were recorded.

### Samples Collection and Amplification

This is a prospectively single center study, conducted in Institute of Kidney Disease and Research Center, Ahmadabad, Gujarat, India in 2013-2017. In this study, 1240 renal allograft recipients were studied to identify risk factors for BKV replication. During quarterly visits, we were measured urine for BKV DNA in the blood and urine sample of patients after transplantation. Samples of blood and urine were collected for the measurement of BKV DNA. The fresh blood and urine sample or 24 hours stored sample were used for DNA isolation. DNAs were extracted using commercial columns based DNA isolation kit (QIAamp Circulating Nucleic Acid Kit, Qiagen, U.S.A.). After the nucleic acid was obtained, BKV presence and quantification were measured with a Applied Biosystems™ 7500 real time PCR instrument (Thermo Fisher) by using a specific BKV kits. BKV quantitative PCR assay kits were obtain from invitrogen (Thermo Fisher) based on TaqMan® probe and assay were designed according to the manufacturer's instructions.

### RESULTS

After transplantation, we found 106 (8.54 %) patients positive for BK virus out of 1240 screened patients. Throughout the entire follow-up period (2013-2017), the rates of viruria in 69 (65 %) patients (57 male and 12 female) and viremia in 37 (34.9%) patients (34 male and 3 female) out of 106 positive for BKV, their mean serum creatinine level were  $1.56 \pm 0.2$  mg/dl and  $2.39 \pm 0.3$  mg/dl in viruria and viremia, respectively. We have lost follow-up of 25 patients and most of them were from viruria group 16 (2BK + 14 AMR) whereas in viremia group 9 (3 BK + 6AMR). Out of positive for BK, nine patients lost allograft and three lost their life (**Table 1**).

Most recipients received living donors, majority of parents, siblings, spouses and other relatives. In VIREMIA group the maximum number of HLA match was 10 in 5 patients. While minimum HLA match was 1 in 7 patients. The maximum graft lost 4, found in 5 HLA match group out of 37 patients (**Table 2**). In VIRURIA group the maximum number of HLA match 19 in 5 patients and 1 in 8 patients. We found 5 allograft loss in this group, maximum 3 allograft loss were in 24 match and maximum 16 lost follow-up. Serum creatinine raise maximum in 19 and 24 HLA match (**Table 3**).

Table 1: The number of patients with viruria 69 and viremia 37 out of the total 106 positive patients for BKV. During the period of 2016-2017

GROUP= Total 106 Patients	VIRURIA= 69 Patients	VIREMIA = 37 Patients
SEX	57 M + 12 F	34 M/ 3 F
MEAN S . Creatinine	1.56±0.2 mg/dl	2.39 ± 0.3 mg dl
Average BKV Positive to Negative period	274 Days	112 Days
Lost Follow-up	16 [2BK+14 AMR]	9 [3 BK+6AMR]
Allograft Loss	5	4
Patients Loss	1	2

Table 2: The table shows HLA match group in viremia patients. Amongst 37 viremia positive patients maximum graft lost found 4.

GROUP-1 VIREMIA = 37 Patients HLA MATCH A, B, Cw, DR, DQ	PT's	LOST FOLLOW	Allograft LOSS	Raise S. Creatinine	REJ. Graft Biopsy	2013	2014	2015	2016	2017
0	6			3	1 AMR					
1	4			2	2 AMR					
2	5	1	1	1	1 BK [exp]			1	1	
3	5	2		3		1	1			
4	4	2	1	4			1		1	1
5	10	4	2	3	2 BK + 3 AMR [1 exp]		1	4	1	1
6	2			2						
7	1			0						

Table 3: The table shows HLA matching in viruria patients. Amongst 69 viruria positive patients maximum graft lost found in 5

GROUP-2 VIRURIA= 69 Patients HLA MATCH A, B, Cw, DR, DQ	PT's	LOST FOLLOW	Allograft LOSS	Raise S. creatinine	REJ. Graft Biopsy	2013	2014	2015	2016	2017
0	24	4	3	7	2 AMR	2	1+1	1+1	3+1	
1	2	1		1					1	
2	8	1		2	2 AMR			1		
3	6	2	1	3	3 AMR	1	1	1		
4	5	2	1	2	2 AMR			1	1	1
5	19	3		6	2 BK + 8 AMR	2	1			
6	2	2		1	1 AMR		1	1		
7	2	1						1		
8	1									

## DISCUSSION

The prevalence of BK virus infection have been reported in some studies. It has been reported that the degree of immunosuppression is the most important risk factor for BKV infection. BK infection is a relatively common and early post-transplant complication after

kidney transplantation. PCR in urine may be the first finding indicative of BKV infection and screening determined a significant and persistent viral load in urine. Viruria and viremia could be an advantage for early detection of reactivation and allow adjustment of immunosuppression. Viruria and viremia is

more strongly associated with the development of nephropathy. Prospective studies with longer follow-up are still needed to evaluate different treatment strategies while assessing the possibility of chronic allograft dysfunction due to systematic reduction of immunosuppression.

In one study, reported that BKV replication is a reliable indicator of excessive immunosuppression. The prevalence of BK virus infection in kidney transplantation was 6.4% and 12.8% one month after transplantation, and 38.5% after four months of transplantation [17]. In another study, the prevalence of BK and JC virus infection in kidney transplant recipients was 30.5%, 17.6%, and 3.9%, respectively; most of them had BK virus [10]. The prevalence of BK virus infection was 7.4% in USA, assessed by serum DNA PCR and urine decoy cell [11]. In some study reported that, the prevalence of urine decoy cell, viruria, and viremia was 25%, 61.7%, and 42.5%, respectively [12].

In our study, viruria and viremia were associated with acute rejection. We also found that viremia was higher in patients with a short post-transplant period. The high rates of viruria and viremia for deceased donor transplantation might be related to the intensive use of immunosuppressive drugs, as indicated in some other studies. Viruria was first shown in 1971 in a renal recipient and found to be related to

BKVN [1]. Munoz et al found the frequency of viruria among renal recipients to be 26.5% in a prospective study of 156 heart, liver, or kidney transplantation patients [18]. One study found the frequency of viruria to be 13.6% in renal recipients out of 118 liver or kidney transplant [19]. In a prospective randomized trial the frequency of viruria was found to be 35% in a series of 200 renal transplantation patients in the first year [20]. Patients with longer post-transplantation times might contribute to the lower overall incidence. However, it should be noted that even after second post-transplantation year, we detected patients with viruria. The frequency of BKV infection was lower in our transplant unit compared to previous reports. Reduced doses of immunosuppression seem to be the main factor that may explain the reduced frequency. However, an active screening strategy is still of importance for this patient group.

In conclusion, we obtained some important data about BKV infection, which is becoming a serious problem in transplant centers. Our study was conducted in a transplant center that performs mainly living donor transplantations, which is a different population than those described in previous works. We believe that this information will be valuable in the diagnosis and follow-up of BKV infection.

## CONCLUSION

We obtained some important data about BKV infection, that early diagnosis of viruria and viremia, immunosuppression reduction and use of antiviral therapy or the combination of both are BKV nephropathy treatment and management options.

### CONFLIT OF INTEREST

The authors declare no conflict of interest for research and publication of this article.

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