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**IN-SILICO STUDIES OF ANDROGRAPHOLIDE, WEDELOLACTONE AND  
FENUGREEKINE, AS POTENT ANTI-INFLAMMATORY MEDIATORS**

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**ABSTRACT**

**BACKGROUND:** Liver is the major internal organ in human body. Plants derived compounds contained efficacy properties against diseases such as cancer, inflammatory diseases, Hepatitis and microbial diseases. Phytochemicals are always potent source of natural oxidants and they serve good therapeutic effects for humankind.

**MATERIALS AND METHODS:** In present study plants derived compounds are used with known anti-inflammatory action. Four proteins BCL2, COX-1, COX-2 and TNF $\alpha$  involved in inflammatory process were subjected as targeted proteins for protein-ligand docking. These proteins were subjected to molecular docking with selected phytochemicals Andrographolide, Wedelolactone and Fenugreekine. 3D structures were generated by homology modeling approaches utilizing Modeller v9.17. Different evaluation tools including Verify3D, ERRAT and Ramachandran plot assessment were employed to evaluate the predicted structures. Molecular docking studies were performed by AutoDock Vina.

**RESULTS:** The selected model having satisfactory quality factors results which were BCL2 (81.39%), COX-1 (86.42%), COX-2 (93.34) and TNF- $\alpha$  (75.71%). Post docking analysis revealed that (His-12, Gln-13, Val-14, Glu-15, Arg-30, Ala-31, Asp-34, Phe-35, Arg-38, Lys-57, Gly-58, Trp-75, Gly-76, Val-79, Ile-93, Pro-94, Ser-95, Phe-129, Lys-131, Leu-132, Leu-133, Tyr-133, Phe-135, Asp-316, Gln-319, Lys-327, Lys-501) were observed as important common

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interactive residues and showed that effective binding with target, lower binding affinities and drug properties. The Lipinski rule of 5 (RO5) and ADMET properties illustrated that phytochemicals are potential inhibitors.

**CONCLUSION:** Results of present study concluded that phytochemicals (Andrographolide, Fenugreekine and Wedelolactone) express significant binding interactions with COX-2 that is an inflammatory protein having major role in liver inflammation. Anti-inflammatory property of aforesaid compounds showed significant anti-inflammatory action and might be used as anti-inflammatory drugs therapy in future.

**Keyword:** Liver damage, COX-2, Andrographolide, Wedelolactone, Fenugreekine

## INTRODUCTION

Liver is the largest internal organ of the body playing vital roles by regulating cholesterol via production of urea, bile, hormones and initiate various intermediary metabolisms [1]. Liver also plays an important role in metabolizing fats by production of various substances that convert glucose into glycogen for storage, liver also stores various vitamins and minerals in the biological system that are involved in the production of different amino acids and urea [2]. Moreover it detoxifies harmful toxic materials and initiates first pass metabolism for each foreign particle. Liver damage will result in various diseases such as, cirrhosis, hepatitis and liver cancer etc. Major target of liver damage is alcohol consumption that changes the normal behavior of liver metabolism [3]. As liver acts as detoxifying organ in the biological system but long term consumption of alcohol continuously affects

the hepatocyte in induces lethal effects. Besides alcohols long term exposure with Carbon tetrachloride (CCl<sub>4</sub>) also induces liver damage by acting as hepatotoxin. Induction of hepatotoxin leads to damage membrane by producing Reactive Oxygen Species by the process of lipid peroxidation that results in lethal effects biological system and causes cell necrosis. When we talk about its treatment there are various pathways for the treatment of liver damage either through allopathic or through herbal medicine. Investigator's interest has been shifted towards the herbal medicine. Various herbal medicines have been used from many years for the treatment of liver diseases [4]. From 21<sup>st</sup> century, a significant trend has been shifted to get the knowledge of herbal medicine that has significant anti-inflammatory and hepatoprotective role. Plants generate various secondary

metabolites that plays key role in therapeutic treatment of various liver and other biological diseases [3].

Present research work was designed on the reported properties of phytochemicals; Andrographolide, a pure phytochemical that is extracted from plant *Andrographis lineata*. It plays significant anti-oxidative, anti-inflammatory and immune modulatory response against chronic hepatitis. Wedelolactone was extracted from *Eclipta alba* also has been reported having significant anti-inflammatory, membrane stabilizing, anti-fungal and anti-cancer properties. *Trigonella foenum-gracium* is an ancient plant cultivated since 4000 BC. Mostly present in India, Pakistan, West Asia and Mediterranean.[5] This plant has various metabolites that are responsible for its therapeutic treatment against liver diseases. One of those constituent is Fenugreekine that is used as an anti-diabetic, anti-cancer, anti-inflammatory and anti-microbial drug. Present research was designed to evaluate the anti-inflammatory effect of all afore said phyto compounds against different inflammatory proteins including Cyclooxygenase-2 (COX-2), BCL-2, Tumor Necrosis Factor-alpha (TNF- $\alpha$ ) and COX-1. Inhibition of COX plays a crucial role as an anti-inflammatory approach.[6] Two

inflammatory classes of COX present in the biological system; COX-1 and COX-2 that plays a significant inflammatory response [7]. COX-1 is involved in physiological process and responsible for the development of prostaglandins [8]. Cyclooxygenase-2 (COX-2) prostanoid pathway expresses key roles in induction of various diseases [9]. TNF- $\alpha$  as name shows, is a significant tumor inductive marker levels of TNF- $\alpha$  were increased in inflammatory condition. TNF- $\alpha$  stimulates NF- $\kappa$ B that induces liver inflammation through genetic mutation.

## MATERIALS AND METHODS

### STRUCTURE PREDICTION

3D-structures of the four proteins (Cyclooxygenase-1, Cyclooxygenase-2, TNF $\alpha$  and Bcl2) were taken as target from *Rattus norvegicus* organism. The amino acid sequence of four proteins COX-1 (602a.a), COX-2 (604 a.a), TNF $\alpha$  (235 a.a) and Bcl2 (236 a.a) were used for homology modeling. The sequences of four proteins were retrieved from Uniprot Knowledge base (<http://www.uniprot.org/>) in FASTA format. Table 1 demonstrates the templates of all four proteins selected on query coverage, identity, total score and e-value. The best suitable templates were used for 3D-structure prediction. The retrieved amino acid sequences of four proteins were subjected to

BLASTp [10] for the identification of suitable template search against the Protein Data Bank (PDB) [11]. Templates were retrieved on the base of identity and query coverage. The 3D-structures were predicted by MODELLER as the requirement of 3D structure building of targeted protein. Various online evaluation tools were used; Rampage [12] ERRAT [13] and verify-3D [14]. The structure refinement of selected proteins was performed by UCSF Chimera. The energy minimization of targeted proteins was performed by UCSC Chimera 1.11 [15] and utilized steepest descent and conjugate gradient 1000 runs with Amber force field parameters.

### LIGANDS PREPARATIONS

Andrographolide, Fenugreekine and Wedelolactone were searched from Chem Idplus[16] and Pubchem[17]. The phytochemicals were drawn by ChemDraw Ultra[18], energy minimized by Chem3D Pro[19]. Further geometry optimization and energy minimization of selected small molecules were performed by Avogadro tool and UCSF Chimera v1.11 at 1500 steepest and 1500 conjugate gradient runs. PDBQT of minimized ligands prepared by AutoDock MGTOOLS for protein-ligand docking and PDBQT was used for molecular docking.

### MOLECULAR DOCKING STUDIES

Andrographolide, Wedelolactone and Fenugreekine were used for protein-ligand docking against targeted proteins BCL2, COX-1, COX-2, and TNF $\alpha$ . PDBQT of minimized ligands were used for docking. The binding sites were predicted from different online tools including COACH [20], RaptorX binding [21] and from literature. The minimized proteins were used for docking and docking grid set around the selected binding sites of proteins. The molecular docking analyses were performed by AutoDock Vina.[22] The docking results were analysed and visualized by Chimera v1.11. The Rule of five was calculated by using mCule server [23]. ADMET (absorption, distribution, metabolism, excretion and toxicity) properties of three selected phytochemicals were calculated from admet SAR online server [24].

### RESULTS

#### STRUCTURE PREDICTION

The sequences of the selected four proteins (BCL2, COX-1, COX-2 and TNF $\alpha$ ) were subjected to BlastP against PDB to search suitable templates for each selected protein with maximum identity, query coverage and E-value subjected to homology modeling. The selected templates were utilized to generate 3D structures of targeted

proteins by homology modeling approach. Approximately >85% overall query coverage and identity were shown in targeted templates from end to end that was considered satisfactory reliable structures by homology modeling approach for all selected proteins. All the 3D generated models of the selected proteins were evaluated and selected the most reliable model on the basis of their quality score, favored region, allowed region and outliers (Figure 1).

### MOLECULAR DOCKING ANALYSIS

From comprehensive literature survey, 3 phytocompounds (Andrographolide, Fenugreekine and Wedelolactone) were selected to identify the binding sites of four selected proteins by using molecular docking approaches. The binding sites of selected proteins were also predicted from different online tools including COACH and RaptorX binding. Additionally, the confirmation of the binding sites for selected proteins was studied from related literature. The docking analyses were performed against the 3 selected phytocompounds by utilizing AutoDock

Vina. The docking studies were executed with 100 runs and all the generated docked complexes were studied. The top-ranked docked complex having highest binding affinity and lowest binding energy were selected for each protein. The utilizing docking tools showed the similar interactive residues and also showed the effective binding affinities. The binding affinities of the selected phytocompounds were observed in between -6.4 to -9.7 kcal/mol and enlisted in Table 2. The lowest binding energy was observed -9.7 kcal/mol of Fenugreekine against COX-2, -8.8 kcal/mol of Wedelolactone against TNF- $\alpha$  and -8.0 kcal/mol of Andrographolide against COX-2. The molecular analyses also observed shared the common binding regions and common interactive residues that are displayed in Figure 4, 5, 6, 7 and Table 3 respectively. The Rule of-5 properties of selected ligands were calculated by mCule server (Table 4). The ADMET profile was analysed by admetSAR server and showed that the selected phytocompounds have non-carcinogenic (Table 5).

Table 1: Selected Templates of four proteins on the base of overall quality, query coverage, E-values and identity

Name of Protein	Accession Number	Max Score	Query Coverage	Identity	E-Value
BCL2	2XA0	336	86%	86%	3e-118
Cyclooxygenase-1	5WEBE	1048	96%	85%	0.0
Cyclooxygenase-2	1PXX	1227	100%	96%	0.0
TNF- $\alpha$	2TNF	309	89%	95%	2e-109

Table 2: Binding affinities of phytochemicals against targeted proteins

Target Proteins	Binding affinities (Kcal/mol) of phytochemicals (Andrographolide)	Binding affinities (Kcal/mol) of phytochemicals (Fenugreekine)	Binding affinities (Kcal/mol) of phytochemicals (Wedelolactone)
BCL2	-7.0	-6.4	-7.1
COX-1	-7.5	-9.0	-8.4
COX-2	-8.0	-9.7	-8.4
TNF- $\alpha$	-7.8	-7.4	-8.8

Table 3: Interactive residues involved in binding pockets

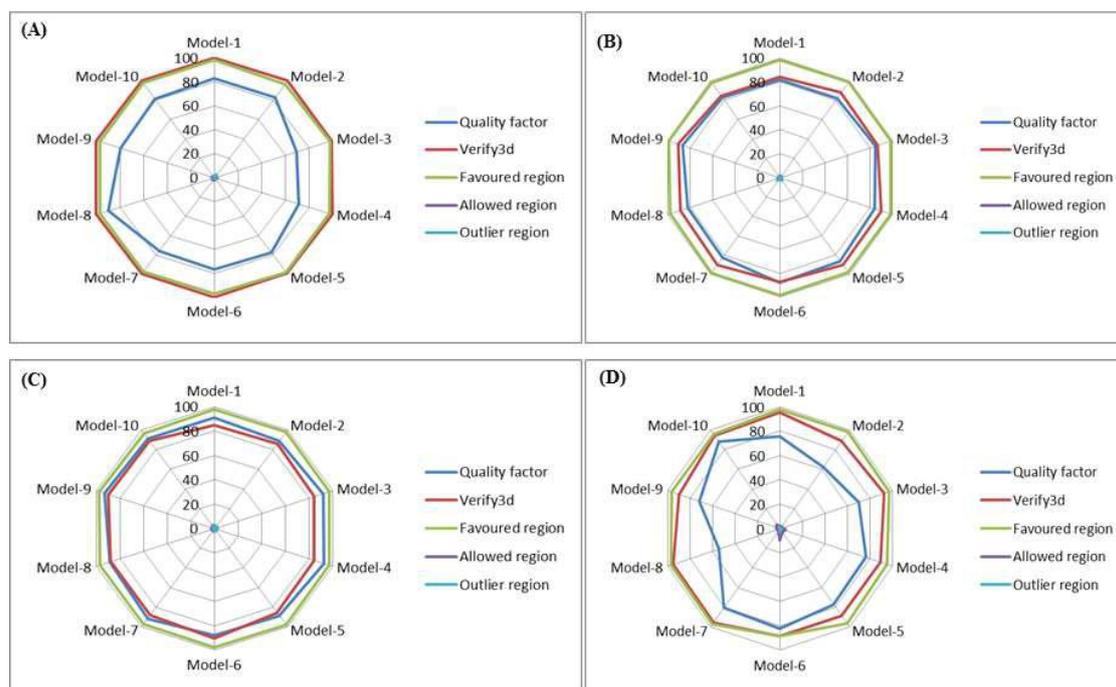
Target proteins	Interactive residues of ligand-protein docked complex (Andrographolide)	Interactive residues of ligand-protein docked complex (Wedelolactone)	Interactive residues of ligand-protein docked complex (Fenugreekine)
BCL2	Ala-31, Asp-34, Phe-35, Trp-75, Gly-76, Val-79, Phe-129, Leu-132, Tyr-133	Ala-31, Phe-35, Arg-38, Trp-75, Gly-76, Val-79, Phe-129, Leu-132, Tyr-133	Ala-31, Asp-34, Phe-35, Arg-38, Trp-75, Gly-76, Val-79, Phe-129, Tyr-133, Ser-136
Cyclooxygenase-1	Gln-13, Ile-15, Arg-30, Ile-93, Pro-94, Ser-95, Thr-98, Arg-438, Lys-501	Gln-13, Asn-91, Leu-92, Pro-94, Ser-95, Pro-96, Thr-98, Ile-106, Arg-438	Gln-13, Arg-30, Thr-31, Tyr-33, Thr-45, Arg-48, Thr-49, Arg-52, Ser-90, Asn-91, Ile-93, Pro-94, Ser-95, Pro-96, Phe-340, Lys-501
Cyclooxygenase-2	Asn-72, Asp-316, Gln-319, His-320, His-325, Lys-327, Ser-548, Asn-550, Gln-552	Asp-316, Gln-319, His-325, Lys-327, Ser-548, Phe-549, Asn-550	Glu-315, Asp-316, Gln-319, Gly-323, Tyr-324, Lys-327, Ser-532, Gln-534
TNF- $\alpha$	Glu-15, Glu-16, Lys-57, Lys-131, Leu-133, Phe-135, Ala-136	His-12, Gln-13, Val-14, Glu-15, Lys-57, Gly-58, Lys-131, Phe-135	His-12, Gln-13, Val-14, Glu-15, Lys-57, Gly-58, Gln-59, Leu-102, Lys-131, Tyr-132, Leu-133

Table 4: Drug properties of selected phytochemicals

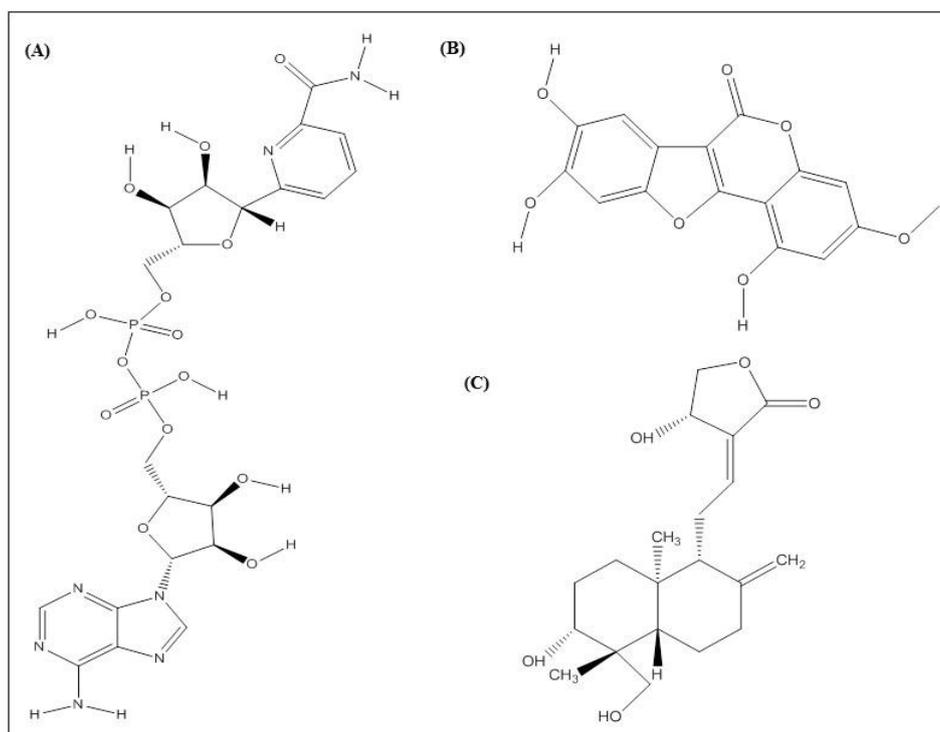
Properties	Andrographolide	Wedelolactone	Fenugreekine
Mass (g/mol)	350.4483	314.2452	663.4250
LogP	1.9626	2.8178	-1.0844
H-bond acceptors	5	7	21
H-bonds donors	3	3	8
Rotatable bonds	3	1	11
PSA	86.9900	113.2700	346.8900
RO5 violations	0	0	3
Atoms	55	33	71
Rings	3	4	5

Table 5: ADMET properties of selected three phytochemicals

Properties	Andrographolide	Wedelolactone	Fenugreekine
Blood-Brain Barrier (Probability)	BBB+ (0.8135)	BBB+ (0.6224)	BBB+ (0.7742)
Human Intestinal absorption (Probability)	HIA+ (0.9155)	HIA+ (0.8815)	HIA+ (0.7270)
AMES Toxicity (Probability)	Non AMES Toxic (0.8714)	Non AMES Toxic (0.7760)	Non AMES Toxic (0.8930)
Carcinogens (Probability)	Non-carcinogens (0.9618)	Non-carcinogens (0.9658)	Non-carcinogens (0.9112)
Aqueous solubility (Logs)	-2.8534	-3.2335	-3.0145
Biodegradation	Not ready biodegradable (0.9535)	Not ready biodegradable (0.8475)	Not ready biodegradable (0.9911)
Acute Oral Toxicity	III (0.5328)	III (0.5546)	II (0.4558)



**Figure 1: The Comparative model assessment plot showed Ramachandran plot assessment favored, allowed and outlier regions, overall quality factor and Verify3 assessment score. (A) Graphical depiction of BCL2, (B) Graphical depiction of COX-1, (C) Graphical depiction of COX-2 and (D) Graphical depiction of TNF-alpha**



**Figure 2: The 2D-chemical structures representation of Phytochemicals (A). Fenugreekine, (B). Andrographolide (C). Wedelolactone**

The chemicals were manually drawn by ChemDraw and then convert into the .pdb file for refinement of selected phytochemicals. After refinement of selected phytochemicals, then convert into the PDBQT which was used for docking studies





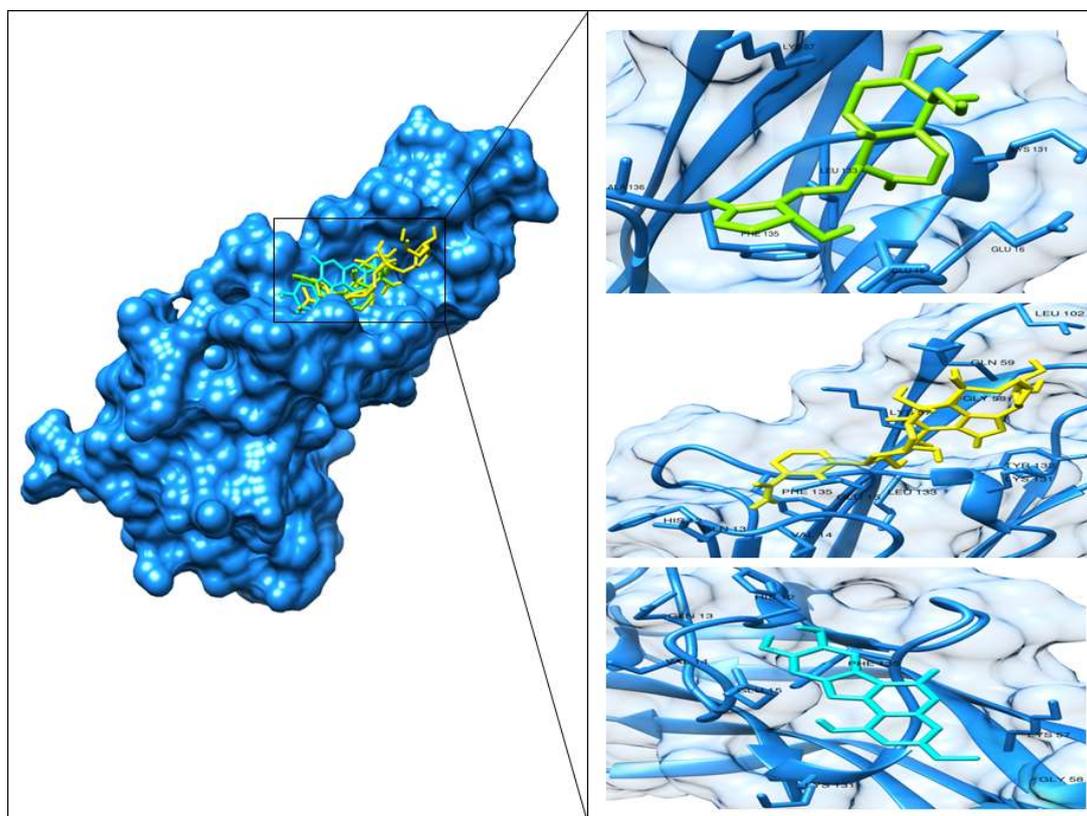


Figure 7: Binding interactions of docked poses. The targeted protein (TNF- $\alpha$ ) is display in round ribbon style in dodger blue color. Andrographolide (in chartreuse color), fenugreekine (in yellow color) wedelolactone (in cyan color) and also display the binding residues.

## DISCUSSION

The secondary metabolism of plants has potent phytochemicals which are used as therapeutic agents against anti-viral, anti-inflammatory and immune disorders.[25] Phytochemicals of plants have good effects in health.[26] Plants carry the best source regarding to novel drug compounds.[27] Structural bioinformatics are help to cure inflammatory disorders and cancer through novel computer drug designing.[28] In previous literature, For Bcl-2 some key residues were identified (Ala-97,

Asp-100, Phe-101, Arg-104, Tyr-105, Asp-108, Phe-109, Met-112, Val-130, Val-133, Leu-134, Asn-140, Trp-141, Gly-142, Arg-143, Val-145, Ala-146, Glu-149, Phe-150, Val-153, Phe-195, Leu-198, Tyr-199, Gly-200) from literature.[29] The previous study indicate 1XJ ligand bind with Bcl-2 that interact with these residues. In current study, all ligands are bind at same position (Figure 4). Current docking analysis revealed that some particular residues are involved in mutant structure such as Tyr133Glu. Similarly, for COX-1 key interactive residues

were observed (Val-116, Arg-120, Tyr-348, Val-349, Leu-352, Ser-353, Tyr-355, Leu-359, Phe-381, Leu-384, Tyr-358, Trp-387, Phe-518 Met-522, Ile-523, Gly-526, Ala527, Ser-530 and Leu531) in FLP ligand with COX-1 complex.[30] In current study, all selected ligands were bind at same binding pocketes (Figure 5). In previous *In Vitro* studies also proved that inhibitory actions of ibuprofen confirmed from X-ray crystallography analyses that showed some interactions with (Arg-120, Phe382, Tyr-385, Trp-387, Ser-530, Ser-531, Leu-532) these key residues.[31] Current docking analyses indicated some mutant residues as like Ser532Leu. All ligands were bind at same position (Figure 6). In case of TNF- $\alpha$ , previously reportedx-ray crystallography studies proved that small molecules showed effective activity in cell based assays and biochemical studies. Some key interactions were (Leu-55, Leu-57, Ile-58, Tyr-59, Ser-60, Gln-61, Tyr-119, Leu-120, Gln-121, Gln-122, Tyr-151, Ile-155 and Ile-157) are playing key role in the inhibition of TNF- $\alpha$ . [32] All ligands were bind at same position (Figure 7). Current docking study revealed that some mutant residues such as Lys57Leu, Leu58Ile, and Gln59Tyr. However, current *in silico* and *in vivo* studies revealed that all three selected

phytocompounds (Andrographolide, Fenugreekine and Wedelolactone) have potent inhibition, strong binding interactions, and interactive residues followed by molecular docking. So, these three selected phytocompounds are promising therapeutic agents against Bcl-2, COX-1, COX-2 and TNF-  $\alpha$ .

### CONCLUSION

In conclusion, the selected phytocompounds is highly efficacious in the remedies of inflammatory disorders for targeting COX-1, COX-2, TNF $\alpha$  and Bcl2. Analysis of *In-Silico* studies of targeting proteins with subjected ligands has lowest binding affinity, highest gold fitness score and interactive residues. Following studies proved that these phytocompounds (Andrographolide, Wedelolactone and Fenugreekine) have prime importance as anti-inflammatory and anti-cancer therapeutic drugs. Computational aided drug designing studies provides strong pillar of clue for drug discovery.

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**CONFLICT OF INTEREST**

Authors declare no conflict of interest.

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